

College News



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FROM THE PRINCIPAL

Open Day / Night

Our recent Open Days and Night were again fantastic community events. Our staff, students and parents were passionate and committed in showing the community what a wonderful school we have here at Glen Eira College. Our Languages tour the day before allowed parents particularly interested in our Language programs an opportunity to see these classes in action. Joining me on the tour were Year 9 students Camille Dubois and Erin Herr. On Open Day we ran five incredibly well attended tours during the day and had a packed PAC in the evening. It was great to have a number of Year 12 students join me on these tours. Special thanks to Year 7 students Ben Matthews and Jenna Casamento and school captains Akhil Mathew and Katherine Aspinall who spoke so beautifully at the formal presentation. Subject areas really were on show with lots of opportunities for our visitors to participate in a wide range of learning activities – our staff worked incredibly hard to ensure parents were well informed and that there were plenty of activities for the primary students to get involved in. I am very proud of the vast number of students who participated in the evening, talking to prospective parents and students – fantastic ambassadors each and every one. Our parents were on hand all over the college to share their experiences with prospective families. In the afternoon we held our annual 'Share Our Success' event where year 7 students invited a teacher from their primary school to show them around the college and to share in their success. I am very proud of all of our students who engaged with our visitors, who led tours and who assisted staff in so many ways – I have received wonderful feedback from those attending the evening, regarding the outstanding qualities of our students.

Thank you to all staff, students and parents for being a part of these events – greatly appreciated.

School Council

The new school council had their first meeting in March and I am delighted to announce the following office bearers:

President: Rhonda Brooks

Vice President: Ruth Gordon

Treasurer: Mike Seager

Building Community and Identity Subcommittee Chairperson:
Ruth Gordon

Staffing

I am delighted to welcome our new brass teacher, Peter Graham, to the College.

Patrick Carreon



We were saddened by the passing of Patrick Carreon of Year 11.

Patrick joined the College in Year 7 and was a valued member of our community.

Quietly spoken and always considerate of others, he will be greatly missed.

Our thoughts and best wishes are with his family.

ANZAC Day Commemorations

The ANZAC Day Commemorations Glen Eira College staff and students organised were truly fitting and I am so very proud of all involved. Thankyou to Deborah Cordingley for coordinating the assembly.

Mother's Day Classic

Thank you to everyone who participated in this worthy community event and to Tori Mulligan for coordinating our team.

Variety Show – this year's musical production

Rehearsals are well underway for this year's production where we will be taken on a musical journey through time. Make sure you save the dates – performances are on the 14th June (1.15pm, matinee), 16th June 7pm, 21st June 7pm, 23rd June 7pm.

Blankets and Scarves

Knitting and Crocheting Club is running again on Monday lunchtimes in the library. This year we are knitting and crocheting blankets and scarves for Mission Without Borders Australia – Operation Cover Up

- Blankets - Knitted or crocheted blankets approximately

160cm x 140cm - can be knitted by:

- . Size 8 needles, 8-ply yarn, 40 stitches x 80 rows to make 56 squares.

continue page 2

- . Crotchet (size 5 hook) granny square
- . Knit/ crochet small blankets measuring 80cm X 80cm-four of these can then be joined together to make a large 160cm square blanket.

- Squares (20cm x 20cm) - we can then put them together
- Scarves – 4.5mm needles

You can knit for a child (40 stiches, 100 cm in length), woman (45 stiches, 140 cm in length) or man (50 stiches, 150 cm in length).

If you would like to contribute to our collection or if you have any spare wool we would be happy to receive any donations.

Congratulations to Zoe Tuttleby

Zoe Tuttleby of Year 12 continues to go from strength to strength. Zoe will be performing in The Wiz this month at the Alex Theatre, St Kilda.

"Dorothy, a restless Kansas farm girl eager to see more of the world, is transported by a tornado to a magical world of Munchkins, witches, and a yellow brick road. On her way to the Emerald City to meet the Wizard of Oz, who she believes can help her get back home to Kansas, she encounters the Scarecrow, Tin Man, and Cowardly Lion – friends who help her battle the Wicked Witch of the West and eventually learn that there really is "no place like home."

You can book tickets by following the link below
<http://premier.ticketek.com.au/shows/show.aspx?sh=THEWIZ16>

Dates : 19 - 21 May

Times : Thursday – Saturday 7:30pm

Matinee: Saturday 2:30pm

We wish Zoe all the very best.

Sheereen Kindler
Principal

UPDATE FROM SCHOOL COUNCIL

Building works to commence

School Council is extremely excited the State Government has announced our College will receive \$8.55 million in the next budget to start and complete building refurbishments. The announcement was met by cheers and applause from staff. The investment reflects our growth and will complement the fantastic work carried out by our teachers. Alterations to our Gym, Science, Arts and Food & Technology areas are just a few of the changes. Plans are available for viewing in the Library. Building works are scheduled to commence this August and will be completed by 2018.

School Crossing

There has been considerable effort over the past number of years to improve the safety of the crossing on Booran Road. Teachers and School Council have met with Vic Roads, Victoria Police and Glen Eira City Council on numerous occasions to improve student safety. Local MP, David Southwick, has also expressed concerns in Parliament. However, students and teachers continue to be involved in near miss incidents whereby drivers fail to stop at the crossing when signalled to do so. Recently, LED lights have been installed in the crossing lights in an attempt to heighten driver awareness

and the need to stop. We hope to see an improvement in driver behaviour.

What can you do?

In addition to notifying the responsible authorities when incidents occur, please advise the School of any instances you witness and/or your child witnesses. Providing the date and time of the incident and details of what occurred will assist us. Please send this information to our Administration Office glen.eira.co@edumail.vic.gov.au

Parents have a strong voice – you might also consider sending your student safety concerns in writing to Vic Roads, Glen Eira City Council and Councillors, local Members of Parliament and newspapers.

Uniform Policy Review

You may be aware a sub-committee has been formed to review the current Uniform Policy. Staff have been consulted and student focus groups will also occur as part of the discussion process. Some areas under consideration include the wearing of the PE uniform during the day, the difference in summer and winter uniforms, our uniform being inclusive of all and the practical nature of the uniform, including footwear. Shortly, feedback will be invited from parents, staff and students by completing an online survey. I would also be happy to receive any comments or ideas from our school community. These can be sent to my email address ithica2013@hotmail.com.au

Building our Community & Identity (BOCI)

The BOCI Sub-committee is a valuable forum to meet and discuss community at the College. Maintaining and building upon the College's inclusive, respectful and diverse culture is important. BOCI is attended by teachers, parents (through the GEC Parent Association), School Council and members of the broader community. Currently, UJEB is one such group which participates at this forum.

We value involvement from our diverse community and are seeking members from all cultural backgrounds. If you would like to be a part of this group please contact our BOCI Sub-committee Chairperson, Ruth Gordon, by emailing her at resolvecc@optusnet.com.au

Finally, I would like to welcome Katherine Aspinall (Year 12) to School Council. Katherine has joined as a student representative. I understand this is the first time a student has been involved on School Council. We look forward to having a student voice at this forum ensuring students have a direct input into decision-making at this level.

Rhonda Brooks
School Council President

On behalf of Glen Eira College School Council

JUNIOR SCHOOL NEWS

We began the term with a Junior School Assembly, led by our captains, where we recognised student achievements and successes in a range of activities and endeavours. Congratulations to all award recipients.

A big shout out to Ben and Jenna who spoke at Open Night in front of a rather large audience about their experiences in Year 7 so far. There were many students who were involved in Open Night - it was fabulous to see their dedication and

**Have you recently changed, or are about to change, address or home, mobile or work phone number?
Please remember to ring the College on 9571 7838 to keep us informed.**

commitment (I couldn't possibly list you all here).

We love celebrating successes at school and are always keen to hear about other achievements external to school. Congratulations to Alistair and Marissa on their MVP softball awards. Keep us posted on your achievements!

By now you have developed goals for term 2. XUNO is a great communication tool, along with the student planner. If you need to get in contact with a teacher you can send a message directly to the teacher via XUNO. This ensures we keep the lines of communication open.

Now is a timely reminder to "Get Organised, Get Focused and Get Involved" in term 2.

*Keira McLean
Junior School Leader*

JUNIOR SCHOOL CAPTAIN REPORT

Well done to everyone who participated in the house cross country on the last day of term 1, and congratulations to those who are competing in division events. An excellent job was done by the Years 7, 8 and intermediate girls' softball teams and the Year 8 volleyball team for winning their division competitions.

In the Year 9 program, the focus this term is Healthy Body Healthy Mind. This includes activities, excursions and incursions from different people and groups to talk about various topics. So far we have gone on excursions to Hardrock climbing and Ormond Fitness Centre.

Many extra-curricular activities have commenced once again. If you are interested in any areas such as debating, board games, reading, sport, leadership or computer programming, please take a look at the posters up around the school which provides you with the list and times for each club. This year our various debating teams have gone to many debates and we wish them the best of luck for future competitions. If you're interested in debating you should see Ms Peters.

Just as a reminder once again, the Glen Eira Magazine is constantly looking for a wide range of submissions. If you have anything you would like to submit please go to: <https://sites.google.com/a/gec.vic.edu.au/gechub/Gem/submissions>

To all the new students, we hope that your first term has been a success.

*Sean Kelly, Tuesday Mooney, Sierra Danon and
Harry MacLeod-Smith
Junior School Captains*

YEAR 7 NEWS

It is great to see all Year 7 students settling back into their studies after their holiday break. We have been very pleased with the way students have coped with change during term 1 and have adapted to the different set of expectations of high school.

At the beginning of this term we held a Junior School assembly to celebrate the excellent academic results of Year 7 students who were achieving high standards in their subjects. We would like to extend congratulations to the following Year 7 students for their consistent work effort across all their subjects: Coline Le Bas, Hayley Bader, Sophie Swiatlo, Aimee Harris, Ben

Matthews, Jenna Casamento, Lottie Hudson and Mekkhala (Yu Yu) Kongsawang.

Excitingly we had our 'Share our Success' afternoon on Wednesday 27th April. This is where Year 7 students have the opportunity to invite their Primary school teachers to join them so they can hear about their achievements to date and provide their teachers with a tour of the school. It was wonderful to see the enthusiasm and pride displayed by our students and their happiness in seeing their primary school teachers.

One timely reminder we would like to make for this term is that there have been quite a few students who have lost items of clothing. Unfortunately, we do find items of clothing but we cannot return them to their rightful owners as there are no names provided on these items. To help us with returning items it is essential that there are clear names on clothing. We also have a lost property cupboard in the general staff room so students can go to this area to check for their clothing.

We are looking forward to working with the Year 7 students during this term and if any parent/guardian has a query then do not hesitate to contact us.

*Elizabeth Allan and Shaun Reynolds
Year 7 Coordinators*

YEAR 8 NEWS

The Year 8 award recipients were very well represented at the assembly with their achievements being recognised for participation in sport and the Bebras Computational Thinking Challenge. Student contribution to our Student Representative Council was also recognised. The following students received the coordinator's award for recognition of excelling in their academic studies; Mathias Vaidie, Antoine Hobbs, Louis Kling, Luise Verhoeven, Lily Gordon, Zoe Markopoulos, Guy Cosgrave and Jenifer Roitman.

Looking forward to another busy and productive term 2.

*Louise Conroy
Year 8 Coordinator*

YEAR 9 NEWS

Congratulations to the following Year 9 students who achieved great academic results in term 1 and received the Coordinator award: Ashleigh Harris, Gargi Mhaskar, Phoebe Foldvari, Jaymie Cuenca and Ally Darsaklis.

I would also like to congratulate the Year 9 softball team who competed in the regional finals. What a great team! They have been training for the last 3 years and have made the school (and their coach) very proud.

In week 4, a group of Year 9 students headed to Rubicon Camp. While at camp students had many adventures including caving, rafting, kayaking, and bush orienteering. They also scaled mighty Mount Baw Baw and undertook a 'Canopy Quest'. A smaller daring group went even further braving a 5 day adventure camping trip in the wild.

If you have any questions please do not hesitate to contact me.

*Celine Fompudie
Year 9 Coordinator*

STUDENT ABSENCES

Parents are reminded that the College has a designated telephone line for notification of student absence – 9571 4178.



Camps, Sports & Excursions Fund (CSEF)

Applications for the Camps Sports & Excursions Fund (CSEF) for 2016 are still open. Parents/Guardians are required to submit a new application every year. Schools can accept parent applications up until 3rd June 2016. The CSEF is provided by the Victorian Government to assist eligible families to cover the cost of school excursions, camps and sporting activities. If you hold a valid means tested concession card you may be eligible for the CSEF.

Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. The school is required to make the application on behalf of parents so please register your interest at the college.

Application forms for the CSEF are available from the General Office, the College website and the Department of Education & Training website.

If you have any queries about the CSEF please contact the College on **9571 7838**.

Gabrielle Darvell
Business Manager

SOFTBALL COACH'S REPORT

I have had the privilege of coaching the Year 7, Year 8 and Intermediate softball teams this year. The girls have trained hard, worked well as a team and supported one another throughout the competitions. I'm very proud and impressed with all the girls and the way in which they represented the college throughout the Division and Regional Finals.

Watch out 2017, we will be back!

Keira McLean

INTERMEDIATE SOFTBALL SMR FINALS

On Tuesday 26th April, the Intermediate Girls Regionals took place. The competition was held at Jells Park with two other teams competing in Glen Eira's pool; Mornington Secondary and Nossal High. The first team we played against was Nossal High, with the final score being 10-4 in our favour. The game was tough; however we caught up to them in the final innings, in which we became victorious. The last team we played in our pool was Mornington Secondary, who we also won against, with an amazing score of 17-0.

Since we won all of our games we proceeded to the finals of Regionals, which determined who gets to go through to state and represent the Southern Metropolitan Region. The team we played against were the winners of Pool A, McKinnon, who played against us, the winners of Pool B. The game was extremely challenging and tough, however we all played excellently and despite the result, we were all proud of each other in the end. Overall, we came runners up and although we say this every year, next year is OUR year, and we will proceed to state.

Sierra Danon 9B



Intermediate Team: Rebecca, Tuesday, Emilee, Sierra, Manon, Taylor, Alannah, Ruby S, Ashleigh, Mathilde, Anna, Berenice, Morgan, Ruby G

YEAR 7 SOFTBALL SMR FINALS

Our team played in the SMR finals on Thursday 28th April. Our first game we played was against Elisabeth Murdoch College and we won 13-7. We moved on to play Keysborough and won 11-3. It was a really good game to play because we had to give it 110%. They had some amazing batters but our fielding was also amazing.

We then progressed to the Grand Final where we played Bentleigh. It was a tough game, but thanks to some amazing hits and fielding we won 11-5. We were great sportsmen and went back to school so excited because now we will be playing in the State finals on 21st November.

Through playing softball, we have had great games, trainings and time to get to know each other a bit more. Thanks to Miss McLean for all her support and for being an AWESOME coach.

Emma Laird and Jenna Casamento 7E



Year 7 Team: Jeanne, Coline, Mint, Moe, Sasha, Emma, Aimee, Jenna, Lilli, Mieka, Hisha

YEAR 8 SOFTBALL SMR FINALS

The Year 8 Girls competed in the Beachside Division softball competition earlier in term 1. We played 3 games but sadly lost one of them, meaning we couldn't advance to the next level. Well, at least we thought we couldn't! Another team dropped out of the Regional competition so we very excitedly packed our gear, took a bus to Jells Park, and tried our best to win so we could advance to states.



On the 28th April 2016, the Year 8 Girls Softball team competed in the South Metropolitan Regional competition. We played Frankston first and we won! After that we had had a bye and watched the team we were playing afterwards, Alkira College. Everyone played really well and was focused and determined to win. It was a really close game but we sadly lost 7-10. It was a great day that showed that Glen Eira College is determined and focused. Thanks to Miss McLean and the umpires. The Year 8 Girls are excited to return next year and win!

Leah Sandow 8C



Year 8 Team: Pamela, Aurelie, Bridie, Miki, Rachel, Sophie, Sharon, Kei, Pearl, Leah, Zoe

SENIOR SCHOOL NEWS

It was a pleasure to welcome back the senior school students from their holidays and start the term with an assembly celebrating their successes from term 1. From academic to extra-curricular achievements, many students received certificates in front of their peers and teachers. It is great to see so many students involved in the SRC, eLearning Squad and GEC Code Masters, just to name a few. Congratulations to all award recipients. We wish you all the best in your future endeavours and achievements.

Thank you and well done to our School Captains Akhil Mathew, Katherine Aspinall and our Vice Captains James Brooks and Sofia Vamvakidou for running the assembly so smoothly and for their words of encouragement. Thank you also to all who presented at the assembly and shared information about topics such as "Live below the line", eLearning and enrichment and enhancement opportunities. It was a timely reminder that there are many amazing opportunities for students to get involved and make a difference. A huge congratulations to Sofia Vamvakidou for her beautiful performance.

It was great to have Darren Pereira return to the College to talk to the Year 11s about study skills and we look forward to having him return on the 12th May to talk to the Year 12 students. With exams fast approaching, his tips and advice will come in handy.

I wish the senior school students luck in preparing for their upcoming exams.

*Haroula Christodoulou
Senior School Leader*



Senior School Assembly

YEAR 10 NEWS

Later this term all Year 10 students will be doing exams. Please start preparing, if you haven't already done so.

Soon you will be receiving the information for the Year 10 camp to Anglesea. We will be learning how to surf and based on feedback from last year's camp it promises to be a wonderful experience. Stay tuned.

As always, let's keep the lines of communication open.

*Lou Tsarpalas
Year 10 Coordinator*

STUDENT ABSENCES

Parents are reminded that the College has a designated telephone line for notification of student absence – **9571 4178**.



YEAR 11 NEWS

Our students have quickly settled into term 2, beginning with a Study Skills session presented by a very charismatic presenter, Darren Pereira, whose seminar on VCE Success Strategies, left students feeling inspired and motivated to tackle the new term. The seminar covered a range of strategies and at this point in their studies students should be looking at consolidating their knowledge. Think about:

- Discussing key ideas with others
- Success comes from comprehension not memorisation
- If you want to learn it, teach it to others
- By saying things out loud, it forces you to put what you have learnt into some meaningful and coherent format which aids learning.

It was great to see Year 11 Business Management students running small business ventures for a day as part of their SAC. A range of products from henna tattoos, car wash for staff, shoe shining, delicious cupcakes, crepes, sushi and ice cream sandwiches were available. Well done to all students involved.

Pauline-Mary Maniatis
Year 11 Coordinator

YEAR 12 NEWS



Sofia Vamvakidou

Year 12 students are at an extremely busy time of their school year. They are well and truly entrenched in completing SACs in order to meet all the subject outcomes. It is imperative that these study habits continue as they prepare themselves for end of unit 3 exams and the General Achievement Test (GAT). It is expected that each and every student completes all of

the exams and the GAT. The exams will give them a clear understanding of where they stand in relation to their studies to date. Just as important is that each student experiences completing work under the 'stress' of exam conditions and they practise the behaviour that is expected of them during this time.

All students have received their invitation to the Year 12 Formal which will be held on Thursday 9th June at The International in Brighton. This is a school event that is held each year and I look forward to a fantastic night. There will be more information emailed to parents regarding this event closer to the date.

Congratulations to Sofia Vamvakidou on receiving the Premier's VCE Award for obtaining a study score of 50 for her Greek studies last year. I would like to take this opportunity to thank all of the staff at the college who support not only Sofia but all of our students to achieve their best.

Lastly to all year 12 students who received an award at

the senior school assembly, like Sofia you are a credit to yourselves and the effort that you put into your studies. If you have any queries or any issues please contact me on 95717838.

Laura Brancatella
Year 12 Coordinator

VCE LEGAL STUDIES EXCURSION TO PARLIAMENT HOUSE

On Wednesday 23rd March, Ms Schmidtke and Mrs Mattsson took our Unit 3 Legal Studies class to Parliament House to undertake a tour and meet with the local member, Mr. David Southwick and the shadow Attorney-General, Mr. John Pesutto. (Gal Gross 11B)

As part of the tour we saw parliament during sitting time. It was a great experience to be able to witness a grievance debate take place about police numbers. We were able to get an idea of how parliament works in reality. It was insightful to see the manner in which debate takes place and learn about how strategic listening tactics are used. (Michelle Lesser, and Amber Meadows 11B)

At the end of the tour, we visited the party room where we met our local MP, Mr. David Southwick and the shadow Attorney-General, Mr. John Pesutto. They explained how discussion time works, the importance of the party room and gave us useful tips about public service. We were able to ask them questions on issues that are important to us. They were very generous with their time. We would like to thank them for allowing us to have such an invaluable question and answer time. (Marija Korunovska 12B, Suzannah Stone 11B and Shiree Vallins 11A)

On the way out, we also met the Premier, Mr. Daniel Andrews MP who greeted us and joined us for a photo. (Daniella Goldman 11C)

The excursion to Parliament House directly connected with what we have been learning about in class. It helped us to understand the structure and function of parliament, the law making process and current issues in more detail. Activities like this inspire us to learn more and create interest. It was a positive learning experience and we thank Ms Schmidtke and Mrs Mattsson for a wonderful day. (Marija Korunovska 12A and Talia Barylak 12B)

Unit 3 Legal Studies Students

Melanie Mattsson
VCE Legal Studies Teacher





VCE Legal Studies class at Parliament House

ENHANCEMENT & ENRICHMENT NEWS

This year is the second year that Darren Pereira has come to Glen Eira to speak to the Senior Students about success. In the last newsletter, Lou Tsarpalas wrote in his year 10 report about the seminar on Monday the 15th February, some of the feedback from this seminar is as follows;

- Students rated the seminar on average as 8.6 (100% of students rated the seminar 7/10 or more)
- 100% of students would like a follow up seminar
- "I learnt how to cope with exam stress and what to do if I have a mental blank. I also learnt how to take better notes." – Morgan Edwards
- "I learnt to try my best to not be negative because I can be very negative. I will also try some of these tips. Thank you for the seminar." – Jess Layton
- "I feel inspired and motivated to reach my goals and try my best." - Anonymous
- "I loved the time management plan. I procrastinate a lot, so this will help out." – Anonymous
- "This will help me struggle less this year. I have made a promise to myself to use these ideas to reach my goal." – Chandra Windi

Daren came back on Monday 11th April to deliver a follow up seminar to the Year 11s. In this he spoke about students doing their B.E.S.T.

B. Belief – Development of Growth Mindset
E. Excellence – Focus your mind and achieve results
S. Study – SLAM (Study Less Achieve More)
T. Toughness – Get gritty!

In this seminar students revised how to study and how to set and achieve their goals, with the major focus on neuroplasticity and the ability to work the brain like a muscle. Daren emphasized the point that 'struggle is good', meaning that with persistence anyone can create new neural pathways and hence 'get smarter'. He also spoke about the importance of consolidation and the reviewing of class materials and notes, showing that spaced repetition of material is the most effective method for improving long term memory and understanding.

Daren will be back on Thursday 12th May to speak to our Year 12 students.

Emily Brown



Darren Pereira seminar

STUDENT ARTWORK

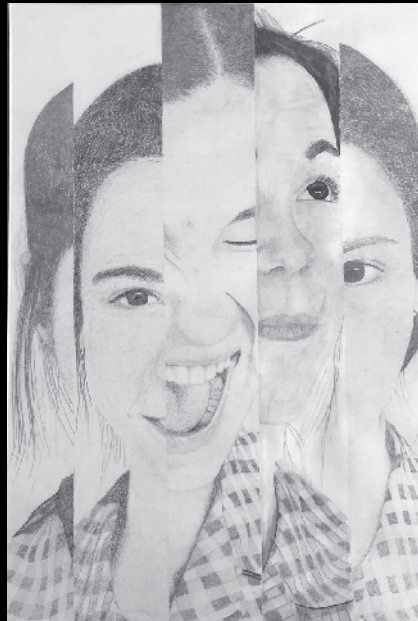


Alysha Lowery

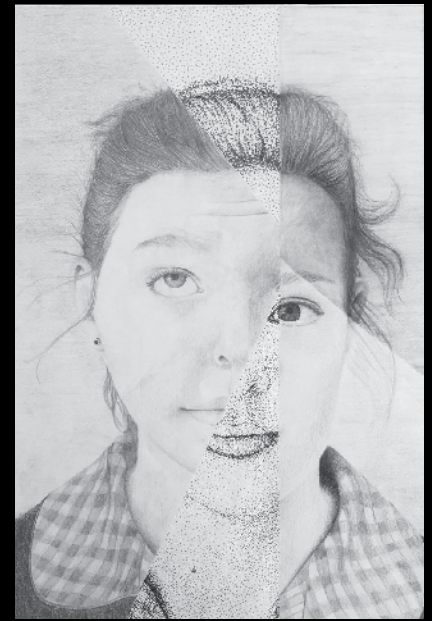
**Have you recently changed, or are about to change, address or home, mobile or work phone number?
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Kuro Tanomboon



Elizabeth Lindner-Craig



Anna Rowsell



Eloise Wenborn

WELLBEING NEWS

Year 12 students completed their "Lifestyle Checks" with our school nurse Christalia Formoso in term one. Year 11s will complete their checks with members of the Wellbeing team in term 2. Whilst it is important for our VCE students to maintain their focus on their studies it is also important that they take care of themselves, maintaining a high level of health and wellbeing.

If you are the parent of a year 11 or 12 student, encourage and support them to maintain a balanced lifestyle. Teenagers should be exercising and active for at least an hour a day, too much study is not a good enough excuse to avoid being

active and healthy!

Stress and anxiety are significant mental health concerns for young people. Headspace and Youth Beyond Blue websites are valuable sources of information to assist young people manage their mental health. Headspace also provides an online counselling service which students have found to be very helpful. Links to these sites are provided below.

<https://www.youthbeyondblue.com/>

<http://headspace.org.au/>

<https://www.eheadspace.org.au/>

Year 7 Health students have been utilising the internet and accessing websites such as Headspace as they undertake their research task on a health topic of their choice. Given that so much of the information young people rely on for health information comes from the internet, it is critical that as part of the health education program students learn how to identify reputable, evidence based websites.

Year 7 students have also been studying puberty and developing their understanding of the physical, social and emotional changes that occur. As part of their course work students were asked to write a letter to a young person about to begin puberty and explain to them what to expect on the puberty journey.

I have been impressed with the mature, insightful and humorous manner in which the year 7 students have written their puberty letters.

'This letter is to give you some advice about when you start the journey of puberty. Get ready, because it's a long one. Puberty is a word used to describe the physical and emotional changes people aged 8-14 go through. Since you're only 7, you don't need to worry about it yet, but you will soon. During puberty your body will change from a kids body to an adults body, and you will change emotionally too. Here is some advice: First of all, don't worry. Everything that happens to



you is absolutely normal. Don't think for a single second that these things are only happening to you, because they're not. They have happened to every adult and are going to happen to all of you kids too."

"Dear imaginary girl

I have already started puberty and I would like you to know a bit more about it. Everyone goes through it and you shouldn't be afraid of it.

You are most likely going to start puberty between 10-13 years old. But it is normal to start before or after, so don't worry. If you are afraid of what is going to happen or have any questions, you can always ask your mum, she has also been through it."

"During this time, chemical messengers called hormones are sent around your body. They make your mind a bit crazy, and can give you mood swings. You are probably thinking, 'What are mood swings?' Well I'll tell you. Mood swings are where your mind goes a bit funny, and you will experience lots of different emotions at once. So, for example, you might be really happy, and having a great time, and then all of a sudden, you could be quite angry, and feel annoyed. Now don't worry, it's very normal, and people will understand."

IDAHOT - International Day Against Homophobia and Transphobia will be acknowledged at GEC on 17th May. Our Student Wellbeing Committee will be running events during that week to raise awareness and to celebrate and acknowledge diversity. Thank you to all members of the SWC for their contribution to this important event.

The Student Wellbeing Committee will also be leading the "Sleep Awareness Week" activities in term 2. The number of students reporting sleep issues has been on the increase over the last year so the SWC thought it was timely to raise awareness of the issues around sleep and the importance to your mental health and overall wellbeing.

Thank you to our Student Wellbeing Committee for continuing to give their time to support their peers.

*Jenny Sanchez
Wellbeing Leader*

LANGUAGES CORNER

1. Languages Open Day and Open Night



Hebrew Lesson



French Lesson



Japanese Lesson





2. Visit of Mr. Louis Duvernois, French senator at GEC



3. Congratulations to Camille Dubois in Year 9 who has been given a special mention for her video in the competition Dis-moi dix mots organized by the Alliance Française de Melbourne. To see her video : <https://www.youtube.com/watch?v=o70S6nQJJe4>

4. DELF Enrichment and Extension course starting the 2nd May. 26 students have signed up! Bonne chance to all students!

5. Exciting program with Ogaki in Japan. We are still looking for host families. Please contact us at the school.

Japanese

Wadaiko Rindo

Last term, we were fortunate to have the Japanese taiko troupe 'Wadaiko Rindo' come to school to perform for us. Their performance was both energetic and dynamic. Some lucky students were chosen to drum with the leader, Toshi Sakamoto. He taught them some rhythms which they expertly performed. Wadaiko Rindo often perform at Japanese events in Melbourne, so hopefully you will all have the chance to see them again.

Japan Festival 2016

The 17th Annual Japan Festival 2016 will be held on Sunday 15th May at the Box Hill Town Hall & Box Hill TAFE from 10 am - 5 pm. At the festival there will be a range of cultural performances, demonstrations and cultural exhibitions as well as many Japanese food and goods stalls. 'Wadaiko Rindo' will also be performing.

Entry : \$5

Address : 1000 -1022 Whitehorse Road, Box Hill (MEL 47 D9).

*Loveena Narayanan
Head of Languages*

KEY DATES TERM 2 2016

TUESDAY 10TH – THURSDAY 12TH MAY – NAPLAN (YEARS 7 & 9)

FRIDAY 13TH MAY – GEC ATHLETICS CARNIVAL

SATURDAY 14TH MAY – SELECT ENTRY ACCELERATION PROGRAM
TEST 9AM

WEDNESDAY 18TH MAY - AUSTRALIAN GEOGRAPHY COMPETITION

SUNDAY 22ND MAY – GECPA MOVIE NIGHT – THE MAN WHO KNEW INFINITY

MONDAY 23RD MAY – BEACHSIDE CROSS COUNTRY

MONDAY 23RD MAY – YEAR 8 VOLLEYBALL REGIONAL FINALS

MONDAY 23RD MAY – WEDNESDAY 25TH MAY – YEAR 12 EXAMS

WEDNESDAY 25TH MAY – AUSTRALIAN HISTORY COMPETITION

FRIDAY 27TH MAY – INTERMEDIATE INTERSCHOOL SPORTS

MONDAY 30TH MAY – THURSDAY 2ND JUNE – YEAR 10 & 11 EXAMS

TUESDAY 31ST MAY – WEDNESDAY 1ST JUNE – YEAR 9B EXAMS

FRIDAY 3RD JUNE – REPORT WRITING DAY (STUDENT FREE)
COLLEGE ONLY

TUESDAY 7TH JUNE – GAT FOR UNIT 3/4 STUDENTS

THURSDAY 9TH JUNE – YEAR 8 INTERSCHOOL SPORTS

THURSDAY 9TH JUNE – YEAR 12 FORMAL

MONDAY 13TH JUNE – QUEEN'S BIRTHDAY PUBLIC HOLIDAY
(SCHOOL CLOSED)

TUESDAY 14TH JUNE – VARIETY SHOW 1:15PM

THURSDAY 16TH JUNE – YEAR 7 INTERSCHOOL SPORTS

THURSDAY 16TH JUNE – VARIETY SHOW 7PM

MONDAY 20TH – FRIDAY 24TH JUNE – YEAR 10 WORK EXPERIENCE

TUESDAY 21ST JUNE – VARIETY SHOW 7PM

THURSDAY 23TH JUNE – VARIETY SHOW 7PM

FRIDAY 24TH JUNE – LAST DAY TERM 2

GLEN EIRA COLLEGE PARENTS ASSOCIATION NEWS

The Glen Eira College Parents Association welcomes all parents and families of Glen Eira College students to help us support our kids' school and school community. Please come to one or more of our meetings throughout the year – advertised in newsletter and by email or let us know if you have ideas or offers to help with fun and worthwhile activities.

If you are not already receiving our emails please go to the Parents Association page on the Glen Eira College website (under the Community tab) and click on the word 'subscribe'.

In 2016 we are planning

- Movie Night – Sunday 22 May
- Trivia Night – Saturday 6th August
- Supper at School Production – June 16th, 21st and 23rd
- Election Day sausage sizzle – Saturday July 2nd
- Volunteers (welcome even in a small way) and other suggestions welcome.

Movie Night Sunday 22nd May - The Man Who Knew Infinity , Classic Cinema Elsternwick 6:30 or 7:00pm (exact time to be confirmed a few days ahead)

To book your tickets, go to the Parents Association page on the GEC website and click on the link. Tickets are \$20 each for adults or \$15 for under-18's (the booking website also charges a fee of 30c per ticket). This includes nibbles and a glass of red or white wine (for the adults only) or a soft drink in the foyer after the film. The cinema also has a bar where

you can purchase other food or drinks before the movie if you wish. Last year's movie night was lots of fun, so come please come and enjoy the evening with us.

Trivia Night – Saturday 6th August “GEC goes to Rio” Theme

Save the date and start planning your outfit - ideas include Carnivale, Olympics, or maybe a spot on the famous Brazil football team. Tickets will be available closer to the date, and you will be able to book a table of 10 people, or book individual tickets and let us allocate you to a table.

An important part of our fundraising on the night will be our raffle, silent auction and loud auction. If you have a business or a contact, you can help by sourcing sponsorship or collecting vouchers, services, goods, hampers, art... and/or donating for the silent and live auctions. Please let us know if you can help even in a small way.

Thank you to the Guss family and their business, Melbourne Table and Chair Hire, who are providing our tables, chairs and other equipment for the night.

Entertainment Books - School Fundraiser New 2016/17 Books Available Now

Discover thousands of valuable up to 50% off and 2-for-1 offers for many of the best restaurants, cafés, arts, attractions, hotels, travel, shopping and much more – choose your way with the following:

- The traditional Entertainment Book Membership that comes with the Gold Card and vouchers.
- The Entertainment Digital Membership that puts the value of the Entertainment™ Book into your smartphone!

If you'd like to order, go to www.entertainmentbook.com.au/orderbooks/1879k65 or contact Michael Frajman at mfrajman@bigpond.com

Second hand Uniform stall held on 22nd March raised \$437 and provided affordable uniforms to school families.

Glen Eira College Parents and Staff Park Walks – Duncan MacKinnon Park Murrumbena

Join us for a healthy and friendly walk on Tuesdays 7:30 pm-8:30 pm at Duncan MacKinnon Reserve, starting on Tuesday 10th May. Let's meet at 7.25 for 7.30pm start at the corner of North Road and Crosbie Road (you can park on Crosbie Road).

Fit Fridays promoting active travel to school - riding, scooting or walking, part way is ok.

In 2016, Glen Eira College is encouraging active travel, especially on Fridays, with “Hands Up” counts to find out which class has the healthiest travel to school. Ride, scoot, skate or walk to school or for part of the way- it's fun, healthy and a great way to meet students' recommended daily dose of 60 minutes physical activity every day. In 2015 Glen Eira College adopted an active travel charter to encourage students and staff to travel by active means. Ride2School info and Video clip at https://www.bicyclenetwork.com.au/general/programs/179/?mkt_tok=3RkMMJWWfF9wsRoluqrLZKXonjHpfsX%2F6uwwkWaSg38431UFwdcjKpmjr1YcFTMB0aPyQAgobGp5l5FENTLDYXa5kt6cKUG%3D%3D

Cathy McNaughton and Juliet Brianton



Jyoti Yoga

NEW CLASSES!!!

Explore, restore and develop your strength and flexibility

Yoga recognizes the interplay of physical and mental health and has many benefits that Western medicine now values including weight control, injury management and stress relief.

Our yoga classes encourage you to comfortably build a balanced personal yoga practice that attends to your individual needs. We have over 40 years of hatha yoga practice between us and have each undertaken over 500 hours of training in the highly respected Krishnamacharya tradition (training recognised by Yoga Australia).

Classes are at the Breslin Gallery, 254 Neerim Road Carnegie (please come 5 minutes before class begins)

Wednesdays - 5.30 to 6.30 pm & 7pm to 8pm

Casual attendance is welcome and 10 class passes are available for discounted rates. Bring a friend to your second class and receive your third class free!

Contact: Ruthie 0424 247 942 or Louise 0431 489 098



CAMPBLUE ^{free 12+} 

New School Holiday Day Camp

27th June - 1st July

20+ Activities including:
Basketball | AFL | Cooking
Drama | Art | Tennis
Soccer | Photography
+ much much more

Programs for Prep - Year 9

@ PCW Melbourne,
187 Dandenong Rd, Windsor

melbourne@campblue.com.au
Ph: 0412 764 243

WWW.CAMPBLUE.COM.AU

**Have you recently changed, or are about to change, address or home, mobile or work phone number?
Please remember to ring the College on 9571 7838 to keep us informed.**



GEC Cross Country Carnival & Harmony Day

